

Instructions for fitting new nylon wheel and spindle to mark II garage doors

CAR0080

Contents:

- M6 Washer x 2
- M6 Nyloc nut x 2
- Wheel spindle assembly x 2
- Instruction sheet x 1

- 1) First you have to lock the tension on the spring unit. This is done by pulling on the cables until the holes in the centre part of spring unit line up with the holes in the outer bracket then insert a 6" pin or nail through the holes and slowly release the cables
- 2) You then take the bottom screw out of the track, push the track over and remove and replace the broken wheel and spindle
- 3) Replace the screw in the bottom of the track making sure the loop on the end of the cable is over the spindle
- 4) Then make sure the other end of the cable is securely fitted into the spring unit. Pull on the cables and remove the pin, letting the cables back slowly, making sure they are in the two grooves around the pulley